

Activity	When	Where	Age	How to Book
Thai Boxing	Tuesdays 12.30-1.30pm 22/07 to 26/08	Phoenix Muay Thai 2E Albert Close Trading Estate, Whitefield, M45 8EH	11-16	Bookings: https://rebrand.ly/msr4e0a Email: phoenixoutreachcommunity@gmail.com Tel: 07973 697 683
Walking & Cycling	Wednesdays 4-5.30pm 23/07 to 27/08	Nationwide Cycling Academy The Barn Countryside Centre, Philips Park, M45 7QL	8-17	Bookings: info@ncagb.co.uk Enquiries: pete@ncagb.co.uk
3v3 Football	Thursdays 2-5pm 24/07 to 28/08	Unsworth Academy Parr Lane, BL9 8LP	12-15	Bookings: https://rb.gy/bn6t1m Enquiries: denise@kagencies.com
Cricket for Beginners	Fridays 5.30-6.30pm 01/08, 22/08, 29/08, 05/09, 12/09, 19/09	Unsworth Cricket Club, 32 Pole Ln, Unsworth, BL9 8QL	5-17	Bookings: unsworthcc.co.uk/play-enquiry@unsworthcc.co.uk Tel: 07882 717910

Sessions are free of charge | Please bring suitable clothing & a drink | For queries contact the providers directly